



Wee Waa High School Newsletter

Contributions by Thursday prior to publication to: Email weewaa-h.school@det.nsw.edu.au ; Fax 02 6795 3005

<http://www.weewaa-h.schools.nsw.edu.au/>

From the Deputy

Generally speaking, Digital Social Media is a term used to describe web-based communities of people who interact with each other through various types of forums. This can come from blogging, posting pictures, sharing information in forums, and much more. Essentially, members interact with each other and create information that encourages even more members to join forums.

The online environment and social media provide challenges for young people. There is a range of social media applications where students can upload content, comment on other people's posts and share content. Students can connect with people whom they don't know personally and share content, which can lead to a whole series of issues around privacy.

Parents need to monitor their children's use of social media, for privacy and security reasons, and to prevent the loss of valuable study time.

Schools use filters to control the use of social media by students. Often these measures may be undermined through students' use of smartphones and websites advising how to bypass filters. School filters provide schools with the ability to block inappropriate websites and material. Not having a school filter increases a school's responsibility to monitor online activity.

Students need to understand that the use of social media sites has implications in relation to intellectual property issues.

An example of this would be uploading photos to Facebook; essentially all user data is owned by Facebook.

There is a range of information on the Internet to provide both young people and their parents with tips for living in a social media world. The following is a link to a government Cyber Smart website: <http://www.cybersmart.gov.au>

George Frangos
Relieving Principal

Preparations for Wee Waa Show



Shannon Passmore & Danielle Elford
cooking pikelets to enter in the show

If you would like an electronic copy of the newsletter each fortnight, please send an email to janelle.lilliebridge@det.nsw.edu.au



Wee Waa Junior Showgirl Competition



Sharna Smith



Erin Moore



Katie Arthur

Leading up to the Wee Waa Show last weekend, six of our Year 11 and 12 students entered the Junior Miss Showgirl Competition. Kyann Dickinson, Sharna Smith, Erin Moore, Eden Booby, Katie Arthur and Danielle Elford. They were required to list their goals and ambitions

for the future, to lead into an interview, held at CSD offices just outside of Wee Waa.

Thursday afternoon, they were all dressed beautifully and were well prepared for their interviews. For weeks, they were researching information about the area and ensuring they were up to date with current world and local issues. They were supportive of each other and helped calm each other's nerves.

That evening, a small cocktail event was held at the luncheon pavilion at the showground. Each of the contestants had been asked to prepare responses to two questions based on their applications. The girls all spoke elegantly

from the heart and impressed all of the people present. John Burgess Photography was covering the event, taking some lovely photos of each of the girls (which are used here in the article). Classic Golden Gems, Namoi Cotton, the Wee Waa Newsagency and CSD were also sponsors of the competition, helping to keep this tradition alive, allowing these smart and confident young women to exercise their ability to speak in public and to develop their confidence.

We wish all of the entrants luck in the announcement of the winners on Friday night at the show; however, it is our opinion that all of the girls should be proud of the shining examples they have set for other members of the community.



Danielle Elford



Kyann Dickinson



Eden Booby



Erin Moore, Eden Booby, Katie Arthur,
Kyann (Libby) Dickinson, Danielle Elford, Sharna Smith



NAPLAN

On Tuesday 12th May Wee Waa High School students in Yr 7 & 9 began their Naplan testing. The students settled in well for the three day testing and were quite pleased with their achievements. I'm so happy that students attended with the right school equipment for the Naplan testing. Well done to the students that attended, it is good to see that you are at school and participating in the work that is asked of you. Hope the result will show how much you have learnt up to this Naplan test.

PLPS UP DATE

I would like to give a big thanks to all our Aboriginal parents who participated in their children's Personalized Learning Plan. It has been a great success with parents active in the program. It targets aboriginal students from years 7 to 12. We started this program last term with quite few members from the same family being involved. I would like to thank Mr Frangos and Mrs Burgess for helping me organizing this program. Before the start of this program, Kim and I had done a range of home visits to parents to invite them to the school. Mr Frangos and I also travelled to Pilliga to visit parents to inform them on the progress of the program. I would like to thank the teachers that were involved with the Personalized Learning Plans for participating, committing and volunteering their time to this program.

ABORIGINAL MALE SUPPORT PERSON

On Wednesday the 13th of May Corey Dixon has joined our staff on a trial basis. His job will involve supporting students in classrooms and also mentoring male students. We are hoping that Corey will fit in as a support person and also get to know students and staff members at a personal level. I would like to welcome Corey to Wee Waa High School.

"CHICK CLUB" GIRLS GROUPS

Last term we started our field excursion with visits to Weeronga Age Care Home, we had two visits this term. On the 8th of May Wee Waa High School Chicks Club visited the elderly ladies to give a manicure to the ladies. The girls interacted with the women and listened to their stories. The girls and the elderly are getting to know each other. The ladies are always happy to see the girls turn up every fortnight. I think this has been a positive activity for both concerned because the girls are talking about how positive it is. On Friday the 15th of May the girls visit Weeronga for the second time this term to learn how to make ANZAC biscuits. The elderly ladies were happy to be able to show and assist the girls with that task, it's a great opportunity for the girls to pick up skills on how to prepare and organize the handling of food. The girls have shown great respect towards the ladies and the visits they had so far have been positive. On our next visit we will be learning knitting and crocheting with the elderly ladies. We are all looking forward to that



"Strive for Excellence"

Ag Round Up Week 4.

Wee Waa High School Agriculture will be running the Animal Nursery this weekend at the Wee Waa Show. Please come along and support your students in raising funds to purchase much needed tillage equipment for the farm. Students will be manning the stall all weekend so thanks to the kids for giving their time. Yr 9/10 will be helping Tracey and I set up on Friday.

We have a donkey, alpaca, cattle, sheep, ducks and chickens for show goers to enjoy. The 100 baby chicks, donated by Baida Hatchery turned up this evening -we will be selling them for \$5 each, so come along and buy some cute chickens and support our farm!



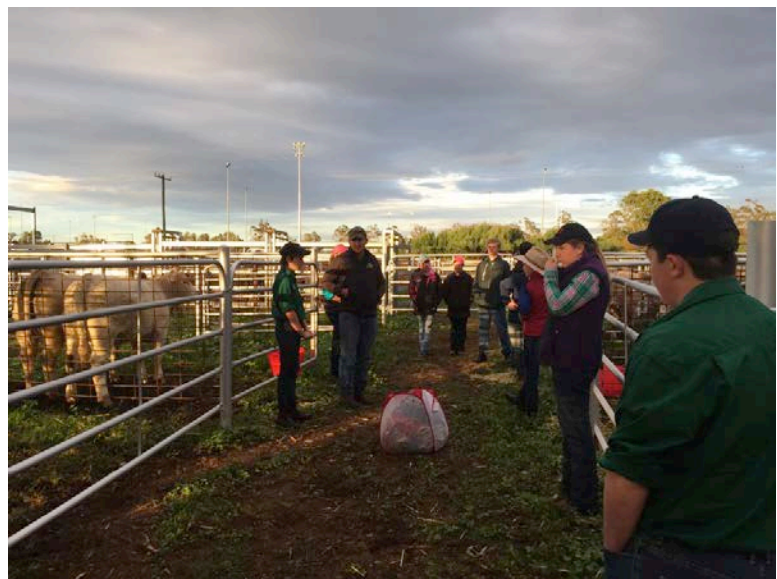
Narrabri Show. The Show team continued their success attending Narrabri Show on May 2nd. It was an early start with us heading into Narrabri at 6 am to wash and prepare the Myona Charolais cattle for showing. It was a great opportunity for the new and old members of the Show team to get hands on experience preparing cattle for the ring and a huge thank you once again to Steven Martin and Bev and Bob Hogland for the great opportunity! All the students participated in the Junior Judging, Junior Paraders as well as parading the Charolais in the stud section.



Rylee Sadler with the Myona calf.

The team on arrival at Narrabri Show. Each student was allocated their own animal to prepare for the ring. What a great opportunity thanks to Myona Charolais!

Emily Shearin showing Tom Pattison the art of blowdrying cattle!



We had great success with many of our team bringing home ribbons- including **Junior Judging**- Emily Shearin 1st place, Amelia Cruickshank 3rd place, Rylee Sadler 4th place and Harry Kinstler 5th place.
Junior Paraders – Amelia Cruickshank 1st place, Caitlyn Galagher 2nd place and Dylan Dixon 5th place.

Harry Kinstler, Rylee Sadler , Amelia Cruickshank and Emily Shearin –ribbon winners in Junior Judging

Emily Shearin, Amelia Cruickshank, Dylan Dixon –ribbon winners in Paraders.



Sarah Stanfield successfully exhibited Betty in School Steer gaining 2nd place.



Over 15s – Maddie Galagher gained 5th place in Junior Judging and 3rd place in Junior Paraders. We also took our two Hereford heifers in to compete in the School prepared steer section with Betty receiving 2nd place and Bubbles receiving 5th place. A most successful day all round! Well done team!

Dylan Dixon parading Bubbles in School steers section

Tom Pattison exhibiting a Myona Charolais steer.

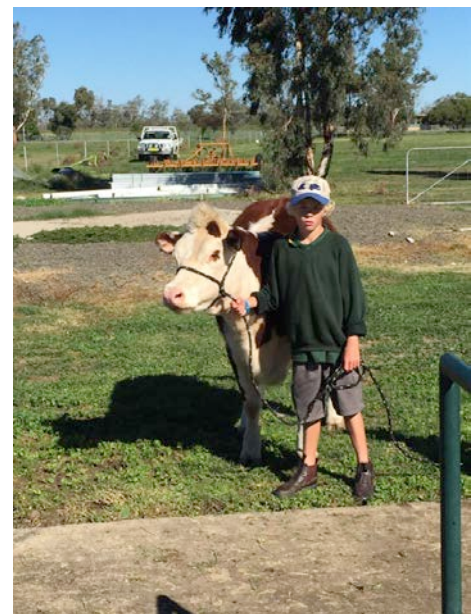


Maddie Galagher competing in over 15 paraders

All the team members are to be commended for participating in Junior Judging and for their hard work and tireless efforts in working with the cattle. It was again a tremendous honour to see the students of Wee Waa High school shine with such professionalism in the public arena.

Yr 7/8 tech have been busy studying cattle husbandry and have just commenced work on their cattle yard design projects. We have spent the first half of the term working with cattle, allowing students to observe animal behavior in readiness to equip them with ideas for great cattle yard design! Their yards can be constructed out of anything you can find at home- some ideas include paddlepop sticks, nails and string, wire!

Congratulations to all senior Agriculture and Primary Industries students on completing their half yearly exams. Students results were pleasing and demonstrated great understanding of concepts learnt this semester. Keep up the good work, with effort comes great rewards! I look forward to seeing you all at the Wee Waa Show this weekend. The Show team will again be exhibiting our school cattle, before travelling to Coonamble next week to participate in the Junior Paraders and Junior Judging at Coonamble Show working with Myona Charolais.



A number of our sheep enthusiasts have been invited to attend a weekend workshop coordinated by the Dorper Society to be held at the property of the Kirkby family at Gravesend, in a few weeks. This is a fabulous opportunity, once again enabled by the hard work and determination of our students and I look forward to their report on the experience. Many thanks to Sharon Hibbens and family for making this possible.

**Verity Gett
Agriculture Teacher.**

Thursday 21st May

Is

Pyjama Day

Come in your best Pjs and slippers

Cost: Gold Coin

Money is to help Yr 12 for their formal



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Paper Planes Throwing Competition

Wee Waa High School Qualifying Rounds



Thursday May 21st, School Hall, Lunchtime

Rules:

Lunch 1 – Air time (5sec qualifies)

Lunch 2 – Distance (20m qualifies)

All paper planes must be constructed out of 80g/m² paper, A4

Paper planes have to be built on site with provided official paper

The sheet must be modified by folding only – no ripping, gluing, stapling or ballasting allowed

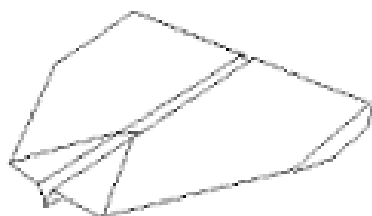
Two trials per participant are allowed. Different planes can be used, the better attempt counts.

In events where multiple students throw at the same time, a re-throw is permitted if two or more planes come in contact

Students may qualify for the 2015 Young Scientist Paper Planes Challenge

\$1 per event per competitor – all money raised goes to Cure Brain Cancer Foundation

For more details: <http://paperplanes.youngscientist.com.au>



FAMILY FUN DAY

**THURSDAY
21ST MAY 2015
2PM-5.30PM @
DANGAR PARK**

'Stronger Families, Stronger Communities'

Welcome to Country 2.30pm

**FREE: Jumping Castle
Face painting Balloon animals
Sausage sizzle
Baked Potato \$5
Slushie \$3 large \$1.50 small
Fruit for afternoon tea**

**Touch Football on the oval
Chocolate Wheel: Prizes
Paddle Pop Stick Game: Prizes
Rock Painting
Traditional Dance Workshop**

**Disability support services
will be available to talk to
the community on the
day**

Proudly sponsored by: Namoi Family & Youth Service (NDCAS) | Wee Waa Act Now Group | BEST Indigenous Community Links | Winanga-Li Early Intervention| Wee Waa Public School| Partners in Recovery | Reconnect / Tamworth Family Support Service| Centrelink | Challenge Community Services | Ability Links | WWoosh



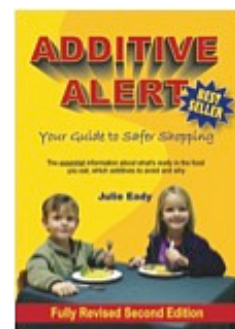
Food for a happy and calm community



SEMINAR FOR PARENTS and STAFF

During this fun and informative session Louise D'Allura, East Coast's Authorised Additive Alert Community Talks Presenter, shines the spotlight on popular food choices to reveal some alarming surprises in everyday 'healthy' food choices for children and adults alike. Bring pen and paper as you'll discover:

- facts about the way our foods have changed,
- which food additives are linked to health and learning problems,
- what the research says about the health effects of artificial sweeteners, artificial colourings, additives and preservatives found in our foods.
- where harmful additives are hiding in our everyday foods, and
- how to shop smarter, avoid harmful additives and improve your health
- Everyone receives the **Additives to Avoid Wallet Card** to take shopping!



RSVPs are essential:

ONLINE: www.MealPlanningYourWay.com/events

IN PERSON: Palmer's Market 95 Rose St Wee Waa
Mon – Fri 9am-5:30pm, Sat 9-12.

PHONE OR TEXT Name, Email & Number coming:
Helen Smith on 0428 955 102

RSVP by Saturday 18 July and just pay on the night

Check Out the Great Feedback!

Amie Caune Logan City Council: What a great informative and interactive workshop. Louise is very passionate and happy to answer everyone's questions. A potentially dull and dry topic was made exciting, engaging and easy to understand. The product swap 'this for that' helped everyone see that there are options available in the supermarkets. We love the additive alert cards for people to keep in their wallets and check labels at their convenience. On behalf of myself and Healthy Logan Team we thank you for sharing your knowledge with us.

Thursday 30 July 2015

6:30 pm Supper

7 - 9 pm Seminar

9 - 10pm Questions & Conversations

Wee Waa High School Hall

Tickets \$5 includes supper

Going Crazy?

Whether you're 9 months or 99 what you eat can affect your behaviour and health!



Louise D'Allura, East Coast's Additive Alert Community Talk's Presenter shares one mum's experience from coming to the session:

"Around the time of the talk, I was handed forms to put my son in special support over his disruptive behaviour. There are certain triggers that I know would send him into a tantrum and get him so mad that he will trash his and his sisters room.

I use to be so scared about his reactions that I would cringe inside and wait for the bomb to explode over a simple 'no'. On the last day of school last term, the teacher suggested handing them in but I told her I was trying something new.

Following your advice, I have done my best to cut most of the additives out of his food and I keep sugar to a minimum. He is a changed boy. The holidays were wonderful. I wasn't scared to take him out in public, so we went out a lot more than we usually do. On return to the school, I was told he was improving greatly.

I asked him if he feels any different and he said he feels better and can think easier. He is also making good food choices himself too. At after school care he gets offered tacos or mac and cheese (he loves mac and cheese!) but refuses and takes a piece of fruit instead. Sometimes I'll offer a 100% juice drink and he'll say no, I'll just have water. Sometimes one of his sister offers him something and he'll ask, in all seriousness, if it has 160b in it.

I also should have mentioned that my Aunt has been having trouble with her 12 year old - arguing and yelling at her constantly. Refusing to do anything she asks. She had a look through Additive Alert and stopped him eating his favourite meat pies and has been keeping an eye on the rest of his food. He's settled right down and she said it's amazing the difference it makes. We've also passed on information of your site to another lady who is having the same trouble... with twin boys. (One boy is enough for me!!)

Come along to this COMMUNITY EVENT supported by



RichmondPRA
Together, we're better.

RichmondPRA works in local communities
to help people on their mental health
recovery journey

Bookings Essential for catering purposes
ONLINE: www.MealPlanningYourWay.com/events
IN PERSON: Palmer's Market 95 Rose St Wee Waa
Mon – Fri 9am-5:30pm, Sat 9–12.

Thursday 30 July 2015
6:30pm Supper
7-9pm Seminar
9-10 pm Questions
Wee Waa High School Hall
Tickets \$5 inc supper
& wallet card

PHONE/TEXT Name, Email, Number attending: Helen Smith on 0428 955 102

RSVP by Saturday 18 July 2015 (you can pay on the night)

Nationally Consistent Collection of Data on School Students with Disability

Notification for Parents and Carers

From 2015, all Government and non-Government schools across Australia are required to participate annually in the Nationally Consistent Collection of Data on School Students with Disability (NCCD).

All Australian schools will collect data on their students who are receiving adjustments to meet additional learning and support needs in accordance with their obligations under the *Disability Discrimination Act 1992* and *Disability Standards for Education 2005*. This data will be provided to the Australian Government to assist in the development of a consistent, national picture of the education needs of students with disability.

The data provided to the Australian Government by the NSW Department of Education and Communities is provided in such a way that it cannot be used to identify any individual student or school.

General information about the national data collection can be found on the Australian Government Department of Education and Training website at <http://education.gov.au/factsheets-nationally-consistent-collection-data-school-students-disability>.

Privacy Protection

The NSW Department of Education and Communities follows the requirements of the *Privacy and Personal Information Protection Act 1998* and the *Health Records and Information Privacy Act 2002*. Schools will collect, record, store and use data about individual students in line with these requirements. Data security and protection is a priority and students' personal details will be kept confidential.

Under Clause 52 of the Commonwealth *Australian Education Regulation 2013*, data collected by the NSW Department of Education and Communities for the NCCD must be provided to the Australian Government Department of Education and Training. This includes the number of students at each level of education, the number in each category of disability and the number at each level of adjustment. The information is provided to the Commonwealth as a series of number sets that cannot be used to identify any individual student or school.

The Australian Government Department of Education and Training follows the requirements of the Commonwealth *Privacy Act 1988* when handling any data provided by NSW Department of Education and Communities in connection with the national data collection. A privacy notice has been developed to by the Australian Government to provide students, parents and carers with important privacy information in relation to the data collection. This notice is available on the department's website at <http://education.gov.au/notices>

If you have any questions about the data collection please do not hesitate to contact Carmel Schwager on 67954477.